LISBON SECRETS

An Insider's Guide to the Best of Lisbon - *Travel* Experiences, Living and Coworking Spaces, Fitness and Food Options, & More.

NOMAD SECRETS Don't Only Visit. Live It.

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Preface

There are many travel guides for tourists visiting Lisbon. This book is different. More than a tourist guide, *Lisbon Secrets* is an insider's companion to truly living in the city and experiencing its best, from accommodations and coworking spaces to gyms, yoga classes, cafes, healthy restaurants, and more.

This book has NO fluff: no lengthy stories about Lisbon's history, no sugar-coated descriptions, no photoshopped or colorized photos. *Lisbon Secrets* cuts straight to the chase, quickly and painlessly. It wastes no time.

Just like meeting and exploring with a local friend, you'll learn what you need to know quickly and directly. This book only critiques and highlights top places to make the most out of your most precious resource – your time.

So go, explore the contents of this book, and enjoy the best that Lisbon has to offer.

- *Tal Gur* Founder, <u>NomadSecrets.com</u>

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Also by Tal Gur

Introduction

This beautiful city, known as Lisboa by locals, manages to blend a traditional way of life with a lively cosmopolitan vibe. The city has become a top European holiday destination in recent years and is now a hub for digital nomads with an exciting tech startup scene.

Friendly locals, delicious food, superb weather, beautiful architecture, charming backstreets and breathtaking views — what else could you want?! The beach is within a short ride on public transport, but for those who must live near water, there's the River Tagus where long leisurely riverside walks can be enjoyed throughout the year.

The digital nomad and expat scene is thriving with more and more young people choosing to base themselves in Lisbon as they soak up the nearly year-round sun and enjoy a better quality of life. It's easy to get work done in this city dotted with co-working spaces and cafes, and the fast broadband is a dream come true for many.

But don't think you'll be staring at your computer screen all day; Lisbon leads people to a healthier outdoor lifestyle due to its great weather and relaxed atmosphere. Think long leisurely lunches dining on fresh produce, walks in the park, jogging by the river, swimming in the warm Atlantic ocean, hiking, cycling, surfing... There's no excuse not to get fit and explore the great outdoors at the same time.

Those who appreciate history will be intrigued to learn that Lisbon was ruled by Romans, Germans, and Arabs before being conquered by the Portuguese in 1147. Those who appreciate the arts will be thrilled to learn that the city hosts multiple events and festivals throughout the year, many of them free.

At night, the city comes alive with bars and clubs nestled into every space imaginable from the parks and the riverfront to car park rooftops! Foodies can indulge in the growing food scene as they sample traditional Portuguese dishes, modern Portuguese cooking, and flavours from around the world cooked to perfection. On the subject of food, we mustn't forget the excellent local wine that you can enjoy while watching the sunset over this picturesque city.

Download The Rest of This Guide at: <u>www.NomadSecrets.com/lisbon-secrets</u>